




Plass	Navn	Organisasjon	Tid	Diff	Km-tid
1	Marie Olausen	 Fredrikstad SK	1:39:24		7:45
2	Kristin Helland-Hansen	 IL Tyrving	1:45:32	+6:08	8:13
3	Elin Pettersson	 IFK Göteborg	1:46:04	+6:40	8:16
4	Ingrid Lundanes	 Emblem IL	1:52:33	+13:09	8:46
5	Åshild Kolstad	 Mo OK	1:53:06	+13:42	8:49
6	Vilde Malmei	 Sandnes IL (Rogaland)	1:57:53	+18:29	9:11
7	Hannah Malmei	 Sandnes IL (Rogaland)	1:58:18	+18:54	9:13
8	Anine Hallén	 Nydalens SK	1:58:39	+19:15	9:15
9	Julie Nærestad	 Vegårshei IL	2:01:04	+21:40	9:26
10	Ronja Björklund	 Bjursås OK	2:01:16	+21:52	9:27
11	Silje Hauge	 Hisøy OK	2:01:20	+21:56	9:27
12	Oda Sikkeland	 IL Tyrving	2:02:40	+23:16	9:33
13	Anne Willkommen Eiken	 Kongsberg OL	2:02:45	+23:21	9:34
14	Maiken Økern Hågård	 Stjørdals-Blink Orientering	2:02:52	+23:28	9:34
15	Åse Bergan	 Nydalens SK	2:02:59	+23:35	9:35
16	Siri Moholth	 Kongsberg OL	2:03:01	+23:37	9:35
17	Sunniva Omdal	 Sandnes IL (Rogaland)	2:03:02	+23:38	9:35
18	Rannveig W. Nordhagen	 Ås-NMBU Orientering	2:03:16	+23:52	9:36
19	Kristin Ottesen	 Fredrikstad SK	2:03:17	+23:53	9:36
20	Maria Eriksson	Eds SK	2:03:37	+24:13	9:38
21	Anniken Helland-Hansen	 IL Tyrving	2:04:42	+25:18	9:43
22	Tonje Aasheim Nymark	 Askøy OL	2:06:27	+27:03	9:51
23	Tiril Emilie Ruud Bråten	 Raumar Orientering	2:11:07	+31:43	10:13
24	Nora Synnøve Woxholth	 Asker Skiklubb	2:11:25	+32:01	10:14
25	Anniken Eiksrud Karlsen	 Bækkelagets SK	2:11:31	+32:07	10:15
26	Ingvild C. Fleisje	 Lillomarka OL	2:12:16	+32:52	10:18
27	Marthe Svihus	 Sandnes IL (Rogaland)	2:12:21	+32:57	10:19
28	Synne Nesheim Flatebakken	 IL Tyrving	2:12:32	+33:08	10:20
29	Margrete Krage	 Sarpsborg OL	2:13:23	+33:59	10:24
30	Kristine Fjeld	 Ringsaker OK	2:16:23	+36:59	10:38
31	Ida Aurebekk	 Torridal IL	2:16:24	+37:00	10:38
32	Martha Kalvig Skogan	 Bodø og Omegn IF Orientering	2:24:24	+45:00	11:15

33	Maren Roll Paulsen	 Fredrikstad SK	2:24:44	+45:20	11:17
34	Ellen Marie Ariansen	 Lillomarka OL	2:26:55	+47:31	11:27
35	Dina Sofie Antonsen	 Fredrikstad SK	2:45:29	+1:06:05	12:54
36	Sigrid Marie Ståhl Vik	 Fredrikstad SK	2:54:54	+1:15:30	13:38
37	Elise Ullern	 IL Tyrving	2:55:26	+1:16:02	13:40
38	Andrea Drangsholt	 Torridal IL	2:55:35	+1:16:11	13:41
39	Johanne Øderud Vatne	 Bækkelagets SK	3:23:09	+1:43:45	15:50
40	Maiken Sandberg	 Nydalens SK	3:36:47	+1:57:23	16:54
	Gina Granstedt	 Halden SK	diskvalifisert		
	Marit Melby Jacobsen	 Lardal OL	brutt		
	Martine Topstad	 Larvik OK	brutt		
	Margrethe Wisløff	 Asker Skiklubb	brutt		

**D 19-20 E** 13 950 m, 15 startende deltakere













Strekktider

Plass	Navn	Organisasjon	Tid	Diff	Km-tid
1	Miri Thrane Ødum	 OK Pan Århus	1:49:42		7:51
2	Anine Ahlsand	 Nydalens SK	1:49:59	+0:17	7:53
3	Sigrid Alexandersen	 Fossum IF	1:51:39	+1:57	8:00
4	Synnøve Bråten	 Vegårshei IL	1:54:45	+5:03	8:13
5	Stina Nilsson	Umeå OK	1:59:03	+9:21	8:32
6	Kaja Winsnes Nordhagen	 Ås-NMBU Orientering	1:59:08	+9:26	8:32
7	Tonje Vassend	 Fossum IF	2:03:00	+13:18	8:49
8	Nina Asheim Birkeland	 Halden SK	2:05:41	+15:59	9:00
9	Aleksandra Hornik	OK Kolmården	2:06:06	+16:24	9:02
10	Ingrid Gulbrandsen	 NTNUI	2:10:57	+21:15	9:23
11	Ragnhild Hjerme stad	 Fossum IF	2:12:30	+22:48	9:29
12	Julie Hjortland	 Larvik OK	2:12:44	+23:02	9:30
13	Åsne Skram Trømborg	 Kongsberg OL	2:32:43	+43:01	10:56
14	Silje Arntzen	 Asker Skiklubb	2:35:38	+45:56	11:09
	Arianna Taufer	 Nydalens SK	brutt		

**D 21-E** 15 825 m, 21 startende deltakere

Strekktider





















Plass	Navn	Organisasjon	Tid	Diff	Km-tid
1	Helena Jansson	OK Ravinen	1:51:24		7:02
2	Mari Fasting	 Halden SK	1:51:36	+0:12	7:03
3	Kirsi Nurmi	 IFK Göteborg	1:51:51	+0:27	7:04
4	Maren Jansson Haverstad	 NTNUI	2:00:28	+9:04	7:36

5	Beata Falk	Hagaby Golf	2:02:06	+10:42	7:42
6	Anna Forsberg	Göteborg Majorna OK	2:02:12	+10:48	7:43
7	Kamilla Olaussen	 Fredrikstad SK	2:02:25	+11:01	7:44
8	Kine Gulliksen	 Bækkelagets SK	2:02:34	+11:10	7:44
9	Heidi Østlid Bagstevold	 Fredrikstad SK	2:03:28	+12:04	7:48
10	Maja Alm	Dansk Orienterings- Forbund	2:06:59	+15:35	8:01
11	Jo Shepherd	 Halden SK	2:07:51	+16:27	8:04
12	Alice Hugosso	 IFK Lidingö SOK	2:07:58	+16:34	8:05
13	Emilie Westli Andersen	 Løten o-lag	2:14:34	+23:10	8:30
14	Laura Robertson	Hutt valley	2:17:44	+26:20	8:42
15	Sofia Adolfsson	 IFK Lidingö SOK	2:18:05	+26:41	8:43
16	Frida Bakkman	 IFK Lidingö SOK	2:18:34	+27:10	8:45
17	Lone Brochmann	 Bækkelagets SK	2:21:38	+30:14	8:56
18	Gitte Bromander	 Fredrikstad SK	2:34:49	+43:25	9:46
19	Marianne Dæhli	 Halden SK	3:17:45	+1:26:21	12:29
	Bodil Helgerud	 Halden SK	brutt		
	Ane Linde	Dansk Orienterings- Forbund	brutt		

#### H 17-18E 15 600 m, 60 startende deltakere

Strekktider

Plass	Navn	Organisasjon	Tid	Diff	Km- tid
1	Isac von Krusenstierna	OK Kåre	1:41:48		6:31
2	Simon Imark	Tullinge SK	1:41:50	+0:02	6:31
3	Alex Carcas	OK Ravinen	1:42:00	+0:12	6:32
4	Victor Imark	Tullinge SK	1:42:46	+0:58	6:35
5	Audun Heimdal	 Konnerud IL	1:44:48	+3:00	6:43
6	Håvard Eidsmo	 Freidig	1:44:53	+3:05	6:43
7	Jesper Svensk	Stora Tuna OK	1:44:59	+3:11	6:43
8	Håkon Raadal Bjørlo	 Halden SK	1:45:11	+3:23	6:44
9	Trygve Kristoffer Løvli	 Halden SK	1:45:23	+3:35	6:45
10	Anders Haga	 Raumar Orientering	1:46:44	+4:56	6:50
11	Vegard Gulbrandsen	 Asker Skiklubb	1:50:56	+9:08	7:06
12	Ulrik Astrup Arnesen	 Heming Orientering	1:53:31	+11:43	7:16
13	Erik Barr Zeilon	Skåneslättens OL	1:53:33	+11:45	7:16
14	Håkon Østraat Sævareid	 Halden SK	1:53:34	+11:46	7:16
15	Tobias Kristensen	 Larvik OK	1:53:35	+11:47	7:16
16	Peter Nordbrøden	 Halden SK	1:53:42	+11:54	7:17

17	Marius Pytten	 Kristiansand OK	1:53:45	+11:57	7:17
18	Simon Schuster	Vallentuna-Össeby OL	1:53:47	+11:59	7:17
19	Laurits Bidstrup Møller	 OK Pan Århus	1:53:50	+12:02	7:17
20	Ivar Jevne Arnesen	 Hamar OK	1:53:58	+12:10	7:18
21	Herman Ryen Martinsen	 Fredrikstad SK	1:54:09	+12:21	7:19
22	Mathias Gløersen	 OL Tønsberg og omegn	1:54:25	+12:37	7:20
23	Sverre Bang Støeng	 Hamar OK	1:55:35	+13:47	7:24
24	Eirik Langedal Breivik	 Nydalens SK	1:55:41	+13:53	7:24
25	Jonas Gustafsson	OK Kåre	1:56:10	+14:22	7:26
26	Einar Lund	 Kongsberg OL	1:58:32	+16:44	7:35
27	Gjermund Tørnqvist Halden	 Nydalens SK	1:58:39	+16:51	7:36
28	Anders Krona Haflan	 OL Tønsberg og omegn	1:59:51	+18:03	7:40
29	Johannes Ridefelt	 OK Linné	2:00:13	+18:25	7:42
30	Olav Milian Schmitt Gran	 Halden SK	2:04:38	+22:50	7:59
31	Torkel Reinhartsen	 Kristiansand OK	2:04:56	+23:08	8:00
32	Kjetil Mølnvik	 Freidig	2:08:03	+26:15	8:12
33	Martin Mörsell	OK Kåre	2:08:27	+26:39	8:14
34	Nils Alexandersson	Stora Tuna OK	2:13:37	+31:49	8:33
35	Tarjei Holo	 Fossum IF	2:15:58	+34:10	8:42
36	Johannes Bakke Aashamar	 Kristiansand OK	2:19:13	+37:25	8:55
37	Vetle Elias Lynnebakken	 Kristiansand OK	2:19:35	+37:47	8:56
38	Olle Nilsson	 OK Linné	2:21:58	+40:10	9:06
39	Magnus Wølneberg	 IL Tyrving	2:23:58	+42:10	9:13
40	Lars Solli	 Mo OK	2:27:22	+45:34	9:26
41	Albin Larsson	Katrineholms OK	2:30:38	+48:50	9:39
42	Trygve Heggedal	 Kongsberg OL	2:30:47	+48:59	9:39
43	Fredrik Moe	 Sandefjord OK	2:31:06	+49:18	9:41
44	Øystein Fruseth Christiansen	 OL Tønsberg og omegn	2:32:47	+50:59	9:47
45	Amadeus Hansson	Gotlands Bro OK	2:33:57	+52:09	9:52
46	Sturla Frydenlund	 Sturla, IF	2:36:52	+55:04	10:03
47	Ole Martin Edstrøm	 Oppsal Orientering	2:39:30	+57:42	10:13
48	Jens Didrik Berg	 Larvik OK	2:39:54	+58:06	10:15
49	Håvard Landro Svingheim	 Konnerud IL	2:44:55	+1:03:07	10:34
50	Espen Samuelson Skiri	 Bodø og Omegn IF Orientering	2:45:49	+1:04:01	10:37
51	Ole Jakob Olsrød	 Stokke IL	2:47:40	+1:05:52	10:44

52	Skjalg Hundseid Kamsvåg	 IL Tyrving	3:27:35	+1:45:47	13:18
53	Lars Eliseussen-Skall	 Harstad OL	3:40:32	+1:58:44	14:08
	André Andersson	Västerbergslagens OL	diskvalifisert		
	Bjørnar Løvli	 Asker Skiklubb	diskvalifisert		
	Emil Løwengreen	 Fredrikstad SK	diskvalifisert		
	John Runde	 Kristiansand OK	diskvalifisert		
	Jørgen Vister	 Indre Østfold OK	diskvalifisert		
	Peter Martinus Freyborg Uran	 Gimle IF	brutt		
	Martin Borge Heir	 Fossum IF	brutt		

### H 19-20E 16 725 m, 23 startende deltakere

Strekketider

Plass	Navn	Organisasjon	Tid	Diff	Km-tid
1	Jens Rönnols	Täby OK	1:50:37		6:36
2	Vetle Christiansen	 Bækkelagets SK	1:50:41	+0:04	6:37
3	Dane Blomquist	 Lillomarka OL	1:50:52	+0:15	6:37
4	Markus Holter	 Halden SK	1:51:05	+0:28	6:38
5	Magnus Dewett	Dansk Orienterings- Forbund	1:51:49	+1:12	6:41
6	Erik Andersson	OK Orion	1:52:36	+1:59	6:43
7	Oskar Sandberg	Säterbygdens OK	1:52:41	+2:04	6:44
8	Emil Granqvist	OK Ravinen	1:52:51	+2:14	6:44
9	Riccardo Scalet	 Lillomarka OL	1:53:13	+2:36	6:46
10	Sigur Heggedal	 Kongsberg OL	1:53:35	+2:58	6:47
11	Vegard Jarvis Westergård	 Halden SK	1:53:41	+3:04	6:47
12	Elias T. Mølnvik	 Fossum IF	1:53:49	+3:12	6:48
13	Anders Felde Olaussen	 Halden SK	1:54:53	+4:16	6:52
14	Will Rigg	OK Ravinen	1:55:16	+4:39	6:53
15	Malthe Gaarsdal	 Halden SK	2:16:42	+26:05	8:10
16	Filip Ivarsson	OK Hammaren	2:21:00	+30:23	8:25
17	Endre Aaen	 Stjørdals-Blink Orientering	3:06:14	+1:15:37	11:08
18	Andreas Alvem	NTNUI	3:24:50	+1:34:13	12:14
19	Ola Singsdal	 Gimle IF	3:42:49	+1:52:12	13:19
	Andreas Sølberg	 OL Trollelg	diskvalifisert		
	Dag Blandkjenn	 Kristiansand OK	brutt		
	Harald Larsson	Hagaby GoIF	brutt		

## H 21-E 23 325 m, 59 startende deltakere

## Strekktider

Plass	Navn	Organisasjon	Tid	Diff	Km-tid
1	Johan Runesson	Göteborg Majorna OK	2:16:05		5:50
2	Anders Nordberg	 Nydalens SK	2:16:15	+0:10	5:50
3	Jo Forseth Indgaard	 Frol IL	2:21:24	+5:19	6:03
4	Fredrik Bakkman	 IFK Lidingö SOK	2:21:44	+5:39	6:04
5	Mårten Boström	 IFK Lidingö SOK	2:25:38	+9:33	6:14
6	Martin Regborn	Hagaby GoIF	2:27:04	+10:59	6:18
7	Andreas Ruedlinger	Leksands OK	2:27:11	+11:06	6:18
8	Simon Hodler	IFK Mora OK	2:28:21	+12:16	6:21
9	Anton Sjøkvist	Stora Tuna OK	2:32:03	+15:58	6:31
10	Olav Lundanes	 Halden SK	2:32:15	+16:10	6:31
11	Øystein Kvaal Østerbø	 IFK Lidingö SOK	2:33:25	+17:20	6:34
12	Nicholas Oskarsson	 Lillomarka OL	2:34:03	+17:58	6:36
13	Bjørn Ekeberg	 IL Tyrving	2:34:32	+18:27	6:37
14	Bojan Blumenstein	 Nydalens SK	2:34:40	+18:35	6:37
15	Håvard Lucassen	 Ås-NMBU Orientering	2:34:51	+18:46	6:38
16	Tiago Aires	 Halden SK	2:36:08	+20:03	6:41
17	Håvard Haga	 Nydalens SK	2:36:16	+20:11	6:41
18	Eirik Kamstrup Hovind	 Halden SK	2:36:29	+20:24	6:42
19	Ivar Lundanes	 Södertälje-Nykvarn Orientering	2:37:19	+21:14	6:44
20	Julian Dent	 IFK Lidingö SOK	2:40:32	+24:27	6:52
21	Victor Mansner	 OK Pan Århus	2:40:42	+24:37	6:53
22	Espen Jakobsen	 IL Tyrving	2:41:07	+25:02	6:54
23	Kalle Bergman	OK Ravinen	2:42:16	+26:11	6:57
24	Øyvind Helgerud	 Halden SK	2:42:52	+26:47	6:58
25	Vegard Brun Saga	 IL Tyrving	2:43:18	+27:13	7:00
26	Anders Vister	 Nydalens SK	2:44:03	+27:58	7:01
27	Nicolas Simonin	 IFK Lidingö SOK	2:45:13	+29:08	7:04
28	Martin Ahlberger	Hestra IF	2:46:43	+30:38	7:08
29	Sindre Rønning	 Fossum IF	2:53:02	+36:57	7:25
30	Niklas Serrander	 IFK Lidingö SOK	2:53:06	+37:01	7:25
31	Andreas Hougaard Boesen	Dansk Orienterings-Forbund	2:54:36	+38:31	7:29



32	Audun Bjerkreim Nilsen	 Fredrikstad SK	2:56:13	+40:08	7:33
33	Martin Larsson	Hestra IF	2:57:06	+41:01	7:35
34	Erik Sagvolden	 Nydalens SK	3:00:52	+44:47	7:45
35	Torben Christian Wandler	 Fredrikstad SK	3:01:23	+45:18	7:46
36	Assar Hellström	OK Ravinen	3:06:13	+50:08	7:59
37	Rasmus Palmqvist Aslaksen	Järfälla OK	3:06:52	+50:47	8:00
38	Bryan Keely	 Bendigo Orienteers	3:14:39	+58:34	8:20
39	Erik Feyling Haare	 Konnerud IL	3:16:06	+1:00:01	8:24
40	Ola Marius Pedersen	 Oppsal Orientering	3:21:48	+1:05:43	8:39
41	Ola Lesteberg	 Kongsberg OL	3:22:11	+1:06:06	8:40
42	Markus Living	Ulricehamns OK	3:22:12	+1:06:07	8:40
43	Daniel Blomster	 Varegg Fleridrett	3:22:38	+1:06:33	8:41
44	Mathias Drage	 Kongsberg OL	3:24:28	+1:08:23	8:45
45	Erik Persson	 Oppsal Orientering	3:34:02	+1:17:57	9:10
46	Mikael Olausson	 Oslostudentenes IK	4:11:31	+1:55:26	10:46
47	Giacomo Frattari	 OK Pan Århus	4:13:50	+1:57:45	10:52
	Simen A. Bjøringsøy	 Nydalens SK			diskvalifisert
	Niklas Olofsson	OK Pan Kristianstad			diskvalifisert
	Kyongsa Ri	 Nydalens SK			diskvalifisert
	Gustav Bergman	OK Ravinen			brutt
	Filip Dahlgren	 IFK Lidingö SOK			brutt
	Robert Fredriksen	 Notodden OL			brutt
	Andreas Høye	 Fredrikstad SK			brutt
	Emil Jönsson	 IL Tyrving			brutt
	Tue Lassen	Dansk Orienterings- Forbund			brutt
	Jacob Lindstam	OK Ravinen			brutt
	Fredric Portin	 Halden SK			brutt
	Gaute Hallan Steiwer	 Lillomarka OL			brutt