

Officiell resultatlista för SM, lång (Swedish League, #7), kval

Tävlingens namn: SM, lång (Swedish League, #7)

Arrangörsorganisation: Bjursås OK

Datum: lördag 10 september 2022 - söndag 11 september 2022

 Kval

 Final

D21 Kval A 8 125 m, 33 startande

 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|----------------------------|--------------------------|------------|--------|--------|----|
| 1 | Tove Alexandersson | Stora Tuna OK | 1:03:03 | | 7:45 | A |
| 2 | Sanna Fasth | IFK Göteborg Orientering | 1:03:15 | +0:12 | 7:47 | A |
| 3 | Andrea Svensson | OK Tisaren | 1:09:17 | +6:14 | 8:31 | A |
| 4 | Sara Hagström | IFK Göteborg Orientering | 1:09:51 | +6:48 | 8:35 | A |
| 5 | Elin Månsson | IFK Göteborg Orientering | 1:11:12 | +8:09 | 8:45 | A |
| 6 | Johanna Börjesson Eriksson | Malungs OK Skogsmårdarna | 1:11:44 | +8:41 | 8:49 | A |
| 7 | Tilda Johansson | OK Orion | 1:13:45 | +10:42 | 9:04 | A |
| 8 | Johanna Källvik Leufvén | IFK Göteborg Orientering | 1:14:02 | +10:59 | 9:06 | A |
| 9 | Frida Sandberg | Stora Tuna OK | 1:14:37 | +11:34 | 9:11 | A |
| 10 | Frida Vikström | Sundsvalls OK | 1:14:56 | +11:53 | 9:13 | A |
| 11 | Tilde Backlund | OK Södertörn | 1:15:24 | +12:21 | 9:16 | A |
| 12 | Josefin Tjernlund | OK Tisaren | 1:16:21 | +13:18 | 9:23 | A |
| 13 | Hanna Hänström | Göteborg-Majorna OK | 1:16:51 | +13:48 | 9:27 | A |
| 14 | Maria Magnusson | Sävedalens AIK | 1:18:06 | +15:03 | 9:36 | A |
| 15 | Rebecka Lindberg | OK Roslagen | 1:18:41 | +15:38 | 9:41 | A |
| 16 | Jannie Hagård | OK Pan-Kristianstad | 1:19:45 | +16:42 | 9:48 | A |
| 17 | Linda Lindkvist | Leksands OK | 1:20:14 | +17:11 | 9:52 | A |
| 18 | Ronja Hugg | Stora Tuna OK | 1:20:42 | +17:39 | 9:55 | A |
| 19 | Sarah Persson | Malungs OK Skogsmårdarna | 1:21:03 | +18:00 | 9:58 | A |
| 20 | Ida Lindkvist | Leksands OK | 1:21:20 | +18:17 | 10:00 | A |
| 21 | Tova Olsson | IKHP Huskvarna | 1:21:51 | +18:48 | 10:04 | B |
| 22 | Ida Hylander | Nyköpings OK | 1:23:13 | +20:10 | 10:14 | B |
| 23 | Matilda Eriksson | OK Kåre | 1:23:50 | +20:47 | 10:19 | B |
| 24 | Magdalena Olsson | Stora Tuna OK | 1:24:42 | +21:39 | 10:25 | B |
| 25 | Eef Van Dongen | Västerviks OK | 1:25:43 | +22:40 | 10:32 | B |
| 26 | Johanna Öberg | OK Hällen | 1:27:44 | +24:41 | 10:47 | B |
| 27 | Emma Blixt | OK Nolaskogsarna | 1:30:39 | +27:36 | 11:09 | B |
| 28 | Jennie Börjesson Eriksson | Malungs OK Skogsmårdarna | 1:37:03 | +34:00 | 11:56 | B |
| 29 | Julia Adolfsson | OK Kåre | 1:40:24 | +37:21 | 12:21 | B |
| 30 | Madara Brice | Tullinge SK | 1:41:47 | +38:44 | 12:31 | B |
| 31 | Stina Nero | Jönköpings OK | 1:57:12 | +54:09 | 14:25 | B |
| | Elisabeth Ahlgren | Linköpings OK | ej godkänd | | | B |
| | Helene Söderlund | IFK Mora OK | ej godkänd | | | B |
| | Alice Hugosson | Sundsvalls OK | återbud | | | B |
| | Hedwig Haas | OK Linné | återbud | | | B |

D21 Kval B 8 075 m, 31 startande

 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-----------------|--------------------|---------|------|--------|----|
| 1 | Karolin Ohlsson | Järila Orientering | 1:06:06 | | 8:11 | A |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------------|--------------------------|---------|--------|--------|----|
| 2 | Lina Strand | Göteborg-Majorna OK | 1:07:13 | +1:07 | 8:19 | A |
| 3 | Lisa Risby | OK Kåre | 1:08:06 | +2:00 | 8:26 | A |
| 4 | Nelly Carlsson | Västerviks OK | 1:11:27 | +5:21 | 8:50 | A |
| 5 | Alva Sonesson | Falköpings AIK OK | 1:11:49 | +5:43 | 8:53 | A |
| 6 | Tilda Östberg | Stora Tuna OK | 1:12:44 | +6:38 | 9:00 | A |
| 7 | Kajsa Risby | OK Kåre | 1:13:27 | +7:21 | 9:05 | A |
| 8 | Amanda Hansson | Göteborg-Majorna OK | 1:14:37 | +8:31 | 9:14 | A |
| 9 | Lovisa Persson | OK Tisaren | 1:15:27 | +9:21 | 9:20 | A |
| 10 | Hanna Wisniewska | Halden SK | 1:16:14 | +10:08 | 9:26 | A |
| 11 | Erika Källvik Leufvén | IFK Göteborg Orientering | 1:16:16 | +10:10 | 9:26 | A |
| 12 | Ellinor Tjernlund | OK Tisaren | 1:16:20 | +10:14 | 9:27 | A |
| 13 | Klara Axelsson | IFK Göteborg Orientering | 1:16:29 | +10:23 | 9:28 | A |
| 14 | Olivia Nilsson | OK Pan-Kristianstad | 1:16:33 | +10:27 | 9:28 | A |
| 15 | Johanna Sjölund | Sundsvalls OK | 1:17:58 | +11:52 | 9:39 | A |
| 16 | Klara Ljunggren | Linköpings OK | 1:18:33 | +12:27 | 9:43 | A |
| 17 | Gabriella Bergander | Eksjö SOK | 1:18:48 | +12:42 | 9:45 | A |
| 18 | Ella Sjöberg | Tullinge SK | 1:20:05 | +13:59 | 9:55 | A |
| 19 | Vilma Von Krusenstierna | OK Kåre | 1:21:11 | +15:05 | 10:03 | A |
| 20 | Karin Stenback | Kvarnsvedens GOLF OK | 1:24:03 | +17:57 | 10:24 | A |
| 21 | Filipa Rodrigues | Järla Orientering | 1:25:34 | +19:28 | 10:35 | A |
| 22 | Pim Hedberg | OK Pan-Kristianstad | 1:26:41 | +20:35 | 10:44 | B |
| 23 | Anna Hallmén | OK Tisaren | 1:28:04 | +21:58 | 10:54 | B |
| 24 | Åsa Zetterberg Eriksson | OK Djerf | 1:29:30 | +23:24 | 11:05 | B |
| 25 | Erica Edman | IF Thor | 1:35:31 | +29:25 | 11:49 | B |
| 26 | Ronja Björklund | Bjursås OK | 1:35:49 | +29:43 | 11:51 | B |
| 27 | Yevheniia Veremeienko | OK Denseln | 1:35:56 | +29:50 | 11:52 | B |
| 28 | Lotta Weyhenmeyer | Göteborg-Majorna OK | 1:37:50 | +31:44 | 12:06 | B |
| 29 | Annika Björk | OK Linné | 1:40:30 | +34:24 | 12:26 | B |
| 30 | Maria Helmersson | Stora Tuna OK | 1:43:22 | +37:16 | 12:48 | B |
| 31 | Linnea Gustafsson | OK Gyngede | 1:44:57 | +38:51 | 12:59 | B |
| | Vilma Svantesson | OK Pan-Kristianstad | återbud | | | B |
| | Louise Lundgren | OK Orion | återbud | | | B |
| | Amanda Kleijn | Södertälje-Nykvarn OF | återbud | | | B |
| | Johanna Öberg | OK Linné | återbud | | | B |

H21 Kval A

10 225 m, 33 startande

 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------|----------------|---------|-------|--------|----|
| 1 | Jonas Gustafsson | OK Kåre | 1:03:44 | | 6:13 | A |
| 2 | Viktor Svensk | Stora Tuna OK | 1:04:02 | +0:18 | 6:15 | A |
| 3 | Emil Svensk | Stora Tuna OK | 1:04:23 | +0:39 | 6:17 | A |
| 4 | Marcus Millegård | Sävedalens AIK | 1:05:06 | +1:22 | 6:22 | A |
| 5 | Gustav Bergman | OK Ravinen | 1:05:40 | +1:56 | 6:25 | A |
| 6 | Ville Johansson | OK Kolmården | 1:05:59 | +2:15 | 6:27 | A |
| 7 | Emil Auselius | Bredaryds SOK | 1:06:06 | +2:22 | 6:27 | A |
| 8 | Henrik Johannesson | Stora Tuna OK | 1:06:59 | +3:15 | 6:33 | A |
| 9 | Simon Jakobsson | Västerviks OK | 1:07:01 | +3:17 | 6:33 | A |
| 10 | Olle Kalered | Stora Tuna OK | 1:07:08 | +3:24 | 6:33 | A |
| 11 | Simon Wikström | Sävedalens AIK | 1:08:17 | +4:33 | 6:40 | A |
| 12 | Erik Malmberg | Jönköpings OK | 1:08:18 | +4:34 | 6:40 | A |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|--------------------------|---------|--------|--------|----|
| 13 | Filip Trofast | Bredaryds SOK | 1:08:40 | +4:56 | 6:42 | A |
| 14 | Daniel Hájek | Malungs OK Skogsmårdarna | 1:09:46 | +6:02 | 6:49 | A |
| 15 | Fredrik Hamrefors | Göteborg-Majorna OK | 1:10:06 | +6:22 | 6:51 | B |
| 16 | Hugo Mattsson | OK Pan-Kristianstad | 1:10:09 | +6:25 | 6:51 | B |
| 17 | Ludvig Åhlund | Malungs OK Skogsmårdarna | 1:10:32 | +6:48 | 6:53 | B |
| 18 | Andrey Salin | Sävedalens AIK | 1:11:17 | +7:33 | 6:58 | B |
| 19 | Tim Johansson | OK Orion | 1:12:23 | +8:39 | 7:04 | B |
| 20 | Carl Carlsson | Nyköpings OK | 1:15:06 | +11:22 | 7:20 | B |
| 21 | Oskar Daniels | Attunda OK | 1:16:17 | +12:33 | 7:27 | B |
| 22 | Johan Aronsson | OK Tisaren | 1:16:40 | +12:56 | 7:29 | B |
| 23 | Martin Hederskog | Kalmar OK | 1:16:41 | +12:57 | 7:29 | B |
| 24 | Emil Åberg | OK Kåre | 1:17:56 | +14:12 | 7:37 | B |
| 25 | Johan Olson | Göteborg-Majorna OK | 1:18:28 | +14:44 | 7:40 | B |
| 26 | Henrik Jonsson | Södertälje-Nykvarn OF | 1:21:41 | +17:57 | 7:59 | B |
| 27 | Jonatan Graversen | IFK Lidingö SOK | 1:24:10 | +20:26 | 8:13 | B |
| 28 | Charlie Stolt | IFK Mora OK | 1:26:36 | +22:52 | 8:28 | B |
| 29 | Gustav Johnsson | IFK Mora OK | 1:27:07 | +23:23 | 8:31 | C |
| 30 | Brais Piñeiro | Snättringe SK | 1:27:15 | +23:31 | 8:31 | C |
| 31 | Henrik Persson | OK Nolaskogsarna | 1:28:32 | +24:48 | 8:39 | C |
| 32 | Erik Björklund | Stora Tuna OK | 1:29:07 | +25:23 | 8:42 | C |
| 33 | Maxime Bonneau | Linköpings OK | 1:29:40 | +25:56 | 8:46 | C |
| | Måns Östman | Göteborg-Majorna OK | återbud | | | C |
| | Benjamin Näslund | Skogslöparna | återbud | | | C |

H21 Kval B 10 225 m, 31 startande

 Sträcktider  LiveLox

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------|--------------------------|---------|--------|--------|----|
| 1 | Max Peter Bejmer | IFK Göteborg Orientering | 1:01:58 | | 6:03 | A |
| 2 | Jerker Lysell | Rehns BK | 1:02:25 | +0:27 | 6:06 | A |
| 3 | Jonatan Gustafsson | KFUM Örebro OK | 1:03:47 | +1:49 | 6:14 | A |
| 4 | Martin Regborn | Hagaby Golf Örebro | 1:04:01 | +2:03 | 6:15 | A |
| 5 | Gustav Hindér | OK Tisaren | 1:04:46 | +2:48 | 6:20 | A |
| 6 | Eskil Kinneberg | OK Kåre | 1:05:29 | +3:31 | 6:24 | A |
| 7 | Axel Granqvist | OK Ravinen | 1:06:43 | +4:45 | 6:31 | A |
| 8 | Ludvig Ek | Nyköpings OK | 1:07:48 | +5:50 | 6:37 | A |
| 9 | Joakim Svensk | Stora Tuna OK | 1:08:33 | +6:35 | 6:42 | A |
| 10 | Jonas Andersson | Kils OK | 1:08:35 | +6:37 | 6:42 | A |
| 11 | Gernot Ymsén | OK Pan-Kristianstad | 1:08:36 | +6:38 | 6:42 | A |
| 12 | August Mollén | OK Denseln | 1:08:46 | +6:48 | 6:43 | A |
| 13 | Emil Ljungemyr | OK Kolmården | 1:09:20 | +7:22 | 6:46 | A |
| 14 | Jesper Sjöblom | Södertälje-Nykvarn OF | 1:09:45 | +7:47 | 6:49 | A |
| 15 | Jens Rönnols | Järla Orientering | 1:11:00 | +9:02 | 6:56 | B |
| 16 | Viktor Runnby | Göteborg-Majorna OK | 1:11:40 | +9:42 | 7:00 | B |
| 17 | Felix Axelsson | IFK Göteborg Orientering | 1:14:52 | +12:54 | 7:19 | B |
| 18 | Leonas Mockunas | Hellas Orientering | 1:15:08 | +13:10 | 7:20 | B |
| 19 | Edvin Smedberg | OK Pan-Kristianstad | 1:15:13 | +13:15 | 7:21 | B |
| 20 | Leo Johansson | OK Kolmården | 1:17:28 | +15:30 | 7:34 | B |
| 21 | Mattias Kallhauge | Snättringe SK | 1:18:52 | +16:54 | 7:42 | B |
| 22 | Karl Enges | Attunda OK | 1:19:27 | +17:29 | 7:46 | B |
| 23 | Anton Silier | OK Linné | 1:20:41 | +18:43 | 7:53 | B |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------------|--------------------------|------------|--------|--------|----|
| 24 | Daniel Nilsson | Nyköpings OK | 1:20:47 | +18:49 | 7:54 | B |
| 25 | Pontus Jansson | Kungälv OK | 1:23:40 | +21:42 | 8:10 | B |
| 26 | Joel Börjesson Eriksson | Snättringe SK | 1:25:21 | +23:23 | 8:20 | B |
| 27 | Jonas Hammarskiöld | OK Skogsfalken | 1:28:31 | +26:33 | 8:39 | B |
| 28 | Oskar Nyman | OK Tyr | 1:28:34 | +26:36 | 8:39 | B |
| 29 | Linus Bohman | Malungs OK Skogsmårdarna | 1:29:32 | +27:34 | 8:45 | C |
| 30 | Fredrik Persson | Domnarvets GOIF | 1:32:03 | +30:05 | 9:00 | C |
| | Ludvig Eriksson | Kils OK | ej godkänd | | | C |
| | Joshua Dudley | IFK Göteborg Orientering | ej start | | | C |
| | Johan Söderlund | OK Tyr | återbud | | | C |
| | Oskar Sjöberg | OK Linné | återbud | | | C |
| | Lucas Sundblad | Eksjö SOK | återbud | | | C |

H21 Kval C 10 150 m, 33 startande

 Sträcktider  Livelox

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|------------------------|--------------------------|----------|--------|--------|----|
| 1 | Anton Johansson | OK Orion | 1:01:54 | | 6:05 | A |
| 2 | Isac Von Krusenstierna | OK Kåre | 1:02:20 | +0:26 | 6:08 | A |
| 3 | Simon Imark | Tullinge SK | 1:03:59 | +2:05 | 6:18 | A |
| 4 | Simon Hector | Snättringe SK | 1:04:01 | +2:07 | 6:18 | A |
| 5 | Filip Ossiansson | IFK Göteborg Orientering | 1:04:14 | +2:20 | 6:19 | A |
| 6 | Erik Herne | OK Ravinen | 1:04:41 | +2:47 | 6:22 | A |
| 7 | Johan Ek-Larsson | Södertälje-Nykvärn OF | 1:05:01 | +3:07 | 6:24 | A |
| 8 | Filip Grahn | Södertälje-Nykvärn OF | 1:06:03 | +4:09 | 6:30 | A |
| 9 | Jesper Svensk | Stora Tuna OK | 1:06:05 | +4:11 | 6:30 | A |
| 10 | Karl Walheim | OK Kåre | 1:06:25 | +4:31 | 6:32 | A |
| 11 | Gustav Runefors | Växjö OK | 1:06:29 | +4:35 | 6:33 | A |
| 12 | Arvid Nord | IKHP Huskvarna | 1:06:41 | +4:47 | 6:34 | A |
| 13 | Johan Giberg | Södertälje-Nykvärn OF | 1:06:50 | +4:56 | 6:35 | A |
| 14 | Daniel Roos | Attunda OK | 1:07:00 | +5:06 | 6:36 | A |
| 15 | Oskar Sandberg | Malungs OK Skogsmårdarna | 1:09:20 | +7:26 | 6:49 | B |
| 16 | Artem Panchenko | IFK Mora OK | 1:10:19 | +8:25 | 6:55 | B |
| 17 | Rasmus Møller Jess | OK Linné | 1:10:40 | +8:46 | 6:57 | B |
| 18 | Hugo Lillieström | Malungs OK Skogsmårdarna | 1:11:46 | +9:52 | 7:04 | B |
| 19 | Axel Halvarsson | Göteborg-Majorna OK | 1:11:50 | +9:56 | 7:04 | B |
| 20 | Jimmy Larsson | Malungs OK Skogsmårdarna | 1:11:57 | +10:03 | 7:05 | B |
| 21 | Anton Forsberg | Stora Tuna OK | 1:12:14 | +10:20 | 7:06 | B |
| 22 | Johan Nordlund | Malungs OK Skogsmårdarna | 1:12:45 | +10:51 | 7:10 | B |
| 23 | Algirdas Bartkevicius | OK Denseln | 1:13:26 | +11:32 | 7:14 | B |
| 24 | Rasmus Svantesson | IFK Göteborg Orientering | 1:13:51 | +11:57 | 7:16 | B |
| 25 | Simon Lundin | OK Kåre | 1:14:08 | +12:14 | 7:18 | B |
| 26 | Dag Stridh | Malungs OK Skogsmårdarna | 1:16:00 | +14:06 | 7:29 | B |
| 27 | Daniel Forsgren | OK Tisaren | 1:17:43 | +15:49 | 7:39 | B |
| 28 | Erik Folkesson Blom | OK Kåre | 1:18:22 | +16:28 | 7:43 | B |
| 29 | Erik Blomgren | Stora Tuna OK | 1:18:43 | +16:49 | 7:45 | C |
| 30 | Viktor Skoog | Kils OK | 1:19:05 | +17:11 | 7:47 | C |
| 31 | Edvin Nordström | Täby OK | 1:26:01 | +24:07 | 8:28 | C |
| 32 | David Sundström | Söderhamns OK | 1:30:07 | +28:13 | 8:52 | C |
| 33 | Albin Bergkvist | OK Linné | 1:34:43 | +32:49 | 9:19 | C |
| | John Börjesson | Malungs OK Skogsmårdarna | ej start | | | C |

D20 Kval A 6 500 m, 20 startande
 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|-----------------------|----------|--------|--------|----|
| 1 | Hanna Lundberg | OK Renen | 48:32 | | 7:28 | A |
| 2 | Emma Eriksson | Eksjö SOK | 53:51 | +5:19 | 8:17 | A |
| 3 | Boglarka Czako | Eksjö SOK | 55:07 | +6:35 | 8:28 | A |
| 4 | Lisa Åkesson | IKHP Huskvarna | 56:41 | +8:09 | 8:43 | A |
| 5 | Amanda Granqvist | OK Ravinen | 56:59 | +8:27 | 8:46 | A |
| 6 | Elsa Sonesson | Falköpings AIK OK | 57:03 | +8:31 | 8:46 | A |
| 7 | Emma Ling | IKHP Huskvarna | 59:56 | +11:24 | 9:13 | A |
| 8 | Cornelia Ivarsson | OK Hammaren | 1:03:45 | +15:13 | 9:48 | A |
| 9 | Agnes Djurstedt | Eksjö SOK | 1:04:21 | +15:49 | 9:54 | A |
| 10 | Klara Johansson | Sundbybergs IK | 1:04:41 | +16:09 | 9:57 | A |
| 11 | Smilla Mogensen | OK Ravinen | 1:05:52 | +17:20 | 10:08 | A |
| 12 | Tilda Golsäter | Korsnäs IF OK | 1:06:23 | +17:51 | 10:12 | A |
| 13 | Frida Jarding | Nyköpings OK | 1:07:25 | +18:53 | 10:22 | A |
| 14 | Sofia Wigle | Södertälje-Nykvarn OF | 1:07:49 | +19:17 | 10:26 | A |
| 15 | Lovisa Gustafsson | KFUM Örebro OK | 1:08:19 | +19:47 | 10:30 | A |
| 16 | Elin Nilsson | OK Pan-Kristianstad | 1:08:32 | +20:00 | 10:32 | A |
| 17 | Anna Aasa | OK Renen | 1:11:17 | +22:45 | 10:58 | A |
| 18 | Tuva-Cajsa Spik | Leksands OK | 1:13:01 | +24:29 | 11:14 | A |
| 19 | Filippa Söderberg | OK Orion | 1:22:55 | +34:23 | 12:45 | A |
| 20 | Maja Bergqvist | Korsnäs IF OK | 1:29:07 | +40:35 | 13:42 | A |
| | Amelie Josefsson | Skogslöparna | ej start | | | B |
| | Sofia Edvardsson | Järfälla OK | återbud | | | B |
| | Nicolina Moberg | Bredaryds SOK | återbud | | | B |

D20 Kval B 6 550 m, 20 startande
 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|---------------------------|---------------------|---------|--------|--------|----|
| 1 | Alva Svensk | Göteborg-Majorna OK | 56:59 | | 8:41 | A |
| 2 | Sabina Aumo | Kungälv OK | 58:04 | +1:05 | 8:51 | A |
| 3 | Hilda Holmqvist Johansson | IKHP Huskvarna | 59:02 | +2:03 | 9:00 | A |
| 4 | Tilda Palm | IKHP Huskvarna | 1:00:55 | +3:56 | 9:18 | A |
| 5 | Vendela Söderqvist | OK Kåre | 1:02:47 | +5:48 | 9:35 | A |
| 6 | Erika Åkesson | IKHP Huskvarna | 1:02:54 | +5:55 | 9:36 | A |
| 7 | Linnea Lund | OK Kolmården | 1:07:39 | +10:40 | 10:19 | A |
| 8 | Clara Samuelsson | Bredaryds SOK | 1:08:21 | +11:22 | 10:26 | A |
| 9 | Eleonora Alinder | Sjövalla FK | 1:08:47 | +11:48 | 10:30 | A |
| 10 | Alice Ek | Nyköpings OK | 1:08:53 | +11:54 | 10:30 | A |
| 11 | Karin Lindgren | KFUM Örebro OK | 1:09:27 | +12:28 | 10:36 | A |
| 12 | Thea Nordin Abaji | Eksjö SOK | 1:14:03 | +17:04 | 11:18 | A |
| 13 | Emma Almgren | OK Ravinen | 1:14:41 | +17:42 | 11:24 | A |
| 14 | Matilda Lindh | Sundbybergs IK | 1:15:04 | +18:05 | 11:27 | A |
| 15 | Ida Eskilsson | IKHP Huskvarna | 1:16:26 | +19:27 | 11:40 | A |
| 16 | Elsa Göras | Leksands OK | 1:18:05 | +21:06 | 11:55 | A |
| 17 | Ronja Ståhl | Sundbybergs IK | 1:20:10 | +23:11 | 12:14 | A |
| 18 | Sofia Ivers | Attunda OK | 1:21:27 | +24:28 | 12:26 | A |
| 19 | Emma Westerlund | Nyköpings OK | 1:31:37 | +34:38 | 13:59 | A |
| 20 | Rebecka Hasler | Surahammars SOK | 1:36:22 | +39:23 | 14:42 | A |
| | Hildur Stenlund | Skellefteå OK | återbud | | | B |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|----------------------|---------|------|--------|----|
| | Kajsa Ivarsson | Västerbergslagens OL | återbud | | | B |
| | Kerstin Ljungemyr | OK Kolmården | återbud | | | B |

H20 Kval A 7 950 m, 24 startande
 Sträcktider
  Livelox

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------------|----------------------|------------|--------|--------|----|
| 1 | Sverre Røjgård | OK Kolmården | 1:00:58 | | 7:40 | A |
| 2 | Maxim Omelchenko | OK Orion | 1:02:19 | +1:21 | 7:50 | A |
| 3 | William Stuesson | Lerums SOK | 1:02:43 | +1:45 | 7:53 | A |
| 4 | Felix Silver | Gävle OK | 1:03:18 | +2:20 | 7:57 | A |
| 5 | Albin Gezelius | IFK Mora OK | 1:03:57 | +2:59 | 8:02 | A |
| 6 | Valter Pettersson | OK Tisaren | 1:04:41 | +3:43 | 8:08 | A |
| 7 | Oskar Vikström | Sundsvalls OK | 1:05:50 | +4:52 | 8:16 | A |
| 8 | Willy Fjällborg | Stenungsunds OK | 1:06:43 | +5:45 | 8:23 | A |
| 9 | Martin Bygdén | Södertälje-Nykvam OF | 1:07:29 | +6:31 | 8:29 | A |
| 10 | Isak Olsson | OK Orion | 1:08:20 | +7:22 | 8:35 | A |
| 11 | Hugo Unosson | OK Orion | 1:08:37 | +7:39 | 8:37 | A |
| 12 | Joel Aristondo Magnusson | Ärla IF | 1:10:19 | +9:21 | 8:50 | A |
| 13 | Kasper Lagerström | Nyköpings OK | 1:11:04 | +10:06 | 8:56 | A |
| 14 | Lukas Larsson | OK Skogshjortarna | 1:11:36 | +10:38 | 9:00 | A |
| 15 | Albin Warvelin | Långhundra IF | 1:11:43 | +10:45 | 9:01 | A |
| 16 | Andreas Törnkvist | OK Denseln | 1:13:54 | +12:56 | 9:17 | A |
| 16 | Oscar Wångberg Aneland | Snättringe SK | 1:13:54 | +12:56 | 9:17 | A |
| 18 | Henrik Lundfors | IFK Enskede | 1:15:04 | +14:06 | 9:26 | A |
| 19 | Hugo Larsson | OK Orion | 1:17:41 | +16:43 | 9:46 | A |
| 20 | Johannes Stenberg | Skellefteå OK | 1:19:26 | +18:28 | 9:59 | A |
| 21 | Nils Forsberg Rundström | IFK Enskede | 1:24:50 | +23:52 | 10:40 | B |
| 22 | Linus Malm | KFUM Örebro OK | 1:34:45 | +33:47 | 11:55 | B |
| 23 | Ludvig Carlbom | Ulricehamns OK | 1:52:48 | +51:50 | 14:11 | B |
| | Mattias Öhlund | IKHP Huskvarna | ej godkänd | | | B |
| | Simon Nordberg | Göteborg-Majorna OK | återbud | | | B |
| | David Borg | Södertälje-Nykvam OF | återbud | | | B |
| | Edvin Selin | FK Göingarna | återbud | | | B |
| | Axel Elmblad | Bredaryds SOK | återbud | | | B |

H20 Kval B 8 075 m, 23 startande
 Sträcktider
  Livelox

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------|----------------|---------|--------|--------|----|
| 1 | Noel Braun | Växjö OK | 55:34 | | 6:52 | A |
| 2 | Fredrik Glännefors | OK Tisaren | 59:49 | +4:15 | 7:24 | A |
| 3 | Jesper Johansson | OK Löftan | 1:00:17 | +4:43 | 7:27 | A |
| 4 | Hugo Ericsson | Växjö OK | 1:01:41 | +6:07 | 7:38 | A |
| 5 | Rasmus Pettersson | OK Djerf | 1:01:53 | +6:19 | 7:39 | A |
| 6 | Albin Weiden | FK Göingarna | 1:02:47 | +7:13 | 7:46 | A |
| 7 | Johan Mårtensson | IF Hagen | 1:03:15 | +7:41 | 7:49 | A |
| 8 | Hugo Kindborn | Växjö OK | 1:03:37 | +8:03 | 7:52 | A |
| 9 | Anton Gunnarsson | Bredaryds SOK | 1:03:43 | +8:09 | 7:53 | A |
| 10 | Edvin Hellsten | Nyköpings OK | 1:04:09 | +8:35 | 7:56 | A |
| 11 | Manne Hammarberg | Järfälla OK | 1:04:43 | +9:09 | 8:00 | A |
| 12 | Casper Skepp | Sävedalens AIK | 1:06:05 | +10:31 | 8:11 | A |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------------|---------------------|----------|--------|--------|----|
| 13 | John Wolgast | Snättringe SK | 1:07:27 | +11:53 | 8:21 | A |
| 14 | Erik Bovallius | Järfälla OK | 1:07:36 | +12:02 | 8:22 | A |
| 15 | Erik Brandt | Stora Tuna OK | 1:09:10 | +13:36 | 8:33 | A |
| 16 | Isak Lundholm | Umeå OK | 1:12:24 | +16:50 | 8:57 | A |
| 17 | Jonas Carlsson | Stora Tuna OK | 1:13:35 | +18:01 | 9:06 | A |
| 18 | Isak Hagberg | Kalmar OK | 1:14:15 | +18:41 | 9:11 | A |
| 19 | Tobias Snell | OK Renen | 1:15:12 | +19:38 | 9:18 | A |
| 20 | Gabriel Öhgren | Sävedalens AIK | 1:15:37 | +20:03 | 9:21 | A |
| 21 | David Melin | OK Rodhen | 1:18:38 | +23:04 | 9:44 | B |
| 22 | Klockar Eskil Nääs | Leksands OK | 1:29:48 | +34:14 | 11:07 | B |
| 23 | Alfons Peterson | OK Denseln | 1:53:45 | +58:11 | 14:05 | B |
| | Emil Axelsson | Lerums SOK | ej start | | | B |
| | Viktor Jellvert Börjeson | Göteborg-Majorna OK | återbud | | | B |
| | Isak Berggren | Gävle OK | återbud | | | B |
| | Oskar Ådahl | Umeå OK | återbud | | | B |
| | Henrik Petrisi | Stora Tuna OK | återbud | | | B |

D18 Kval A 5 350 m, 30 startande
 Sträcktider
 Livelox

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------------|-----------------------|------------|--------|--------|----|
| 1 | Klara Borg | Södertälje-Nykvärn OF | 45:32 | | 8:30 | A |
| 2 | Fredrika Nordquist | Täby OK | 50:51 | +5:19 | 9:30 | A |
| 3 | Hanna Öberg | Västerviks OK | 53:50 | +8:18 | 10:03 | A |
| 4 | Tuva Östangård | Västerviks OK | 55:42 | +10:10 | 10:24 | A |
| 5 | Ebba Ottosson | Gävle OK | 56:55 | +11:23 | 10:38 | A |
| 6 | Elise Magnusson | Sigtuna OK | 57:03 | +11:31 | 10:39 | A |
| 7 | Alice Olvegård | FK Göingarna | 57:06 | +11:34 | 10:40 | A |
| 8 | Olga Rindeskog | Ludvika OK | 57:54 | +12:22 | 10:49 | A |
| 9 | Alicia Bergkvist | Ludvika OK | 58:35 | +13:03 | 10:57 | A |
| 10 | Emmy Palm | FK Göingarna | 1:00:36 | +15:04 | 11:19 | A |
| 11 | Emma Zettervall | Karlskrona SOK | 1:00:44 | +15:12 | 11:21 | A |
| 12 | Doris Iko | Täby OK | 1:00:54 | +15:22 | 11:22 | A |
| 13 | Agnes Johansson | Surahammars SOK | 1:01:55 | +16:23 | 11:34 | A |
| 14 | Alice Johansson | Finspångs SOK | 1:02:54 | +17:22 | 11:45 | A |
| 15 | Tuva Selin | FK Göingarna | 1:03:12 | +17:40 | 11:48 | B |
| 16 | Moa Bergqvist | Korsnäs IF OK | 1:04:29 | +18:57 | 12:03 | B |
| 17 | Maja Karlsson | Tolered-Utby OI-klubb | 1:05:37 | +20:05 | 12:15 | B |
| 18 | Malin Strömqvist | Attunda OK | 1:06:58 | +21:26 | 12:31 | B |
| 19 | Alva Engström | OK Renen | 1:06:59 | +21:27 | 12:31 | B |
| 20 | Nelly Mårtensson | Garphyttans IF | 1:07:58 | +22:26 | 12:42 | B |
| 21 | Tindra Jonsson | Skarpnäcks OL | 1:08:18 | +22:46 | 12:45 | B |
| 22 | Elsa Granholm | Sundsvalls OK | 1:10:34 | +25:02 | 13:11 | B |
| 23 | Saga Mattsson | Dalaportens OL | 1:13:12 | +27:40 | 13:40 | B |
| 24 | Elsa Södervall | IK Gandvik | 1:13:49 | +28:17 | 13:47 | B |
| 25 | Emma Hasselström | OK Renen | 1:17:53 | +32:21 | 14:33 | B |
| 26 | Milla Forkéus | Attunda OK | 1:18:01 | +32:29 | 14:34 | B |
| 27 | Lovisa Lindqvist | IFK Enskede | 1:18:34 | +33:02 | 14:41 | B |
| 28 | Johanna Berg | KFUM Örebro OK | 1:18:37 | +33:05 | 14:41 | B |
| 29 | Alicia Björnberg | Söders-Tyresö | 1:19:52 | +34:20 | 14:55 | B |
| | Hedda Rosengren Svensson | OK Orion | ej godkänd | | | B |

D18 Kval B

5 250 m, 30 startande

 Sträcktider  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-----------------------|--------------------------|---------|--------|--------|----|
| 1 | Alma Svennerud | Karlskrona SOK | 46:04 | | 8:46 | A |
| 2 | Emma Emilsson | OK Orion | 46:59 | +0:55 | 8:56 | A |
| 3 | Lisa Östensson | OK Tranan | 52:50 | +6:46 | 10:03 | A |
| 4 | Elsa Hedin | OK Linné | 53:45 | +7:41 | 10:14 | A |
| 5 | Maja Axelsson | Lerums SOK | 54:03 | +7:59 | 10:17 | A |
| 6 | Annie Lund | OK Kolmården | 54:33 | +8:29 | 10:23 | A |
| 7 | Miia Roller | Järfälla OK | 54:54 | +8:50 | 10:27 | A |
| 8 | Tova Rangert | IKHP Huskvarna | 55:12 | +9:08 | 10:30 | A |
| 9 | Lovis Bergstrand | Uddevalla OK | 55:33 | +9:29 | 10:34 | A |
| 10 | Sandra Ling | IKHP Huskvarna | 56:49 | +10:45 | 10:49 | A |
| 11 | Sara Åbom | Gävle OK | 57:19 | +11:15 | 10:55 | A |
| 12 | Klara Zimmerman | Tjalve Orienteringsklubb | 57:46 | +11:42 | 11:00 | A |
| 13 | Sofie Karlsson Holmer | IFK Mora OK | 58:09 | +12:05 | 11:04 | A |
| 14 | Nora Westerlund | OK Kåre | 58:16 | +12:12 | 11:05 | A |
| 15 | Alice Rytterstedt | Skogslöparna | 1:00:03 | +13:59 | 11:26 | B |
| 16 | Maja Nordenfelt | Tolered-Utby Ol-klubb | 1:01:20 | +15:16 | 11:40 | B |
| 17 | Ellen Thorsén | Surahammars SOK | 1:02:52 | +16:48 | 11:58 | B |
| 18 | Ellen Pelander | OK Djerf | 1:03:04 | +17:00 | 12:00 | B |
| 19 | Ebba Näsman | Lerums SOK | 1:04:16 | +18:12 | 12:14 | B |
| 20 | Ella Turesson | OK Renen | 1:06:24 | +20:20 | 12:38 | B |
| 21 | Emma Hallendal | IFK Enskede | 1:06:36 | +20:32 | 12:41 | B |
| 22 | Tilda Hagelberg | Eksjö SOK | 1:08:22 | +22:18 | 13:01 | B |
| 23 | Tilde Mansén | Skarpnäcks OL | 1:08:28 | +22:24 | 13:02 | B |
| 24 | Karolina Andersson | Dalaportens OL | 1:09:05 | +23:01 | 13:09 | B |
| 25 | Alva Forsman | Linköpings OK | 1:09:53 | +23:49 | 13:18 | B |
| 26 | Beatrice Österberg | Surahammars SOK | 1:11:13 | +25:09 | 13:33 | B |
| 27 | Klara Junegard | Tullinge SK | 1:11:40 | +25:36 | 13:39 | B |
| 28 | Alice Larsson | Sundsvalls OK | 1:12:08 | +26:04 | 13:44 | B |
| 29 | Nova Matthews | Tullinge SK | 1:23:26 | +37:22 | 15:53 | B |
| 30 | Alva Perbo | Skogslöparna | 1:24:26 | +38:22 | 16:04 | B |

D18 Kval C

5 325 m, 26 startande

 Sträcktider  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------------|-----------------------|-------|-------|--------|----|
| 1 | Julia Forsgren | OK Tyr | 50:34 | | 9:29 | A |
| 2 | Elsa Kaipe | OK Kåre | 52:15 | +1:41 | 9:48 | A |
| 3 | Yrsa Röjgård | OK Kolmården | 52:46 | +2:12 | 9:54 | A |
| 4 | Sigröd Ljunggren | Linköpings OK | 53:58 | +3:24 | 10:08 | A |
| 5 | Ella Pettersson | Sävedalens AIK | 54:15 | +3:41 | 10:11 | A |
| 6 | Alva Björk | OK Pan-Kristianstad | 54:44 | +4:10 | 10:16 | A |
| 7 | Silje Ringstad | Tolered-Utby Ol-klubb | 54:45 | +4:11 | 10:16 | A |
| 8 | Elina Reinholdsson | OK Alehof | 55:44 | +5:10 | 10:27 | A |
| 9 | Ebba Thern | OK Skogshjortarna | 56:30 | +5:56 | 10:36 | A |
| 10 | Elsa Brandt | Domnarvets GOIF | 56:37 | +6:03 | 10:37 | A |
| 11 | Cornelia Kindlund | OK Tyr | 57:22 | +6:48 | 10:46 | A |
| 12 | Sara Ohlin | OK Tranan | 59:12 | +8:38 | 11:07 | A |
| 13 | Maja Ahlström | Västerås SOK | 59:13 | +8:39 | 11:07 | A |
| 14 | Sofie Ettlind | Söderköpings OK | 59:23 | +8:49 | 11:09 | A |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|-----------------------|----------|--------|--------|----|
| 15 | Jonna Lindblad | OK Djerf | 1:00:10 | +9:36 | 11:17 | B |
| 16 | Emma Olin | IKHP Huskvarna | 1:03:52 | +13:18 | 11:59 | B |
| 17 | Matilda Aasa | OK Renen | 1:05:04 | +14:30 | 12:13 | B |
| 18 | Elsa Käll | Tumba-Mälardalens OK | 1:05:40 | +15:06 | 12:19 | B |
| 19 | Klara Kivijärvi | OK Renen | 1:08:01 | +17:27 | 12:46 | B |
| 20 | Stina Bygdén | Södertälje-Nykvarn OF | 1:12:22 | +21:48 | 13:35 | B |
| 21 | Linn Andersson | OK Tyr | 1:12:39 | +22:05 | 13:38 | B |
| 22 | Maja Lilja | IFK Lidingö SOK | 1:13:05 | +22:31 | 13:43 | B |
| 23 | Irma Berg | Domnarvets GOIF | 1:14:13 | +23:39 | 13:56 | B |
| 24 | Vendela Rundström | OK Ravinen | 1:14:36 | +24:02 | 14:00 | B |
| 25 | Linn Wennberg | Skellefteå OK | 1:18:25 | +27:51 | 14:43 | B |
| 26 | Sigrid Forsman | Linköpings OK | 1:19:05 | +28:31 | 14:51 | B |
| | Ingrid André | Tumba-Mälardalens OK | ej start | | | B |
| | Ebba Andersson | Sundsvalls OK | återbud | | | B |
| | Alva Karlsson | OK Kolmården | återbud | | | B |
| | Ida Österberg | OK Ravinen | återbud | | | B |

H18 Kval A

6 525 m, 38 startande

 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|-----------------------|---------|--------|--------|----|
| 1 | Elias Nordberg | Göteborg-Majorna OK | 46:04 | | 7:03 | A |
| 2 | Edvin Forsberg | OK Ravinen | 46:42 | +0:38 | 7:09 | A |
| 3 | Viktor Sone | Attunda OK | 47:10 | +1:06 | 7:13 | A |
| 4 | Victor Hörnquist | Bredaryds SOK | 47:22 | +1:18 | 7:15 | A |
| 5 | Hannes Mogensen | OK Ravinen | 47:29 | +1:25 | 7:16 | A |
| 6 | Wilmer Selin | FK Göingarna | 47:38 | +1:34 | 7:18 | A |
| 7 | Noah Krikström | Hjärnarps OL | 48:13 | +2:09 | 7:23 | A |
| 8 | Ludvig Karlqvist | Tjällmo-Godegårds OK | 49:50 | +3:46 | 7:38 | A |
| 9 | David Morén | Hjärnarps OL | 50:54 | +4:50 | 7:48 | A |
| 10 | Linus Forsberg | OK Ravinen | 51:05 | +5:01 | 7:49 | A |
| 11 | Linus Wernström | Karlskrona SOK | 51:44 | +5:40 | 7:55 | A |
| 12 | Ludvig Lange | Snättringe SK | 52:34 | +6:30 | 8:03 | A |
| 13 | Helmer Jöhnemark | Stora Tuna OK | 53:17 | +7:13 | 8:09 | A |
| 13 | Niklas Erlandsson | OK Södertörn | 53:17 | +7:13 | 8:09 | A |
| 15 | Jacob Påledal | OK Roxen | 53:23 | +7:19 | 8:10 | B |
| 16 | Wille Söderqvist | OK Kåre | 53:24 | +7:20 | 8:11 | B |
| 17 | Alfred Jeppsson | OK Hammaren | 53:44 | +7:40 | 8:14 | B |
| 18 | Viktor Fröberg | Ärla IF | 55:39 | +9:35 | 8:31 | B |
| 18 | Hannes Essunger | Sjövalla FK | 55:39 | +9:35 | 8:31 | B |
| 20 | John Kinnander | Matteus SI | 55:53 | +9:49 | 8:33 | B |
| 21 | Alfred Hallqvist | Ulricehamns OK | 57:33 | +11:29 | 8:49 | B |
| 22 | Isak Andersson | FK Göingarna | 57:46 | +11:42 | 8:51 | B |
| 23 | Simon Bååth | Sävedalens AIK | 59:48 | +13:44 | 9:09 | B |
| 24 | Olle Thimberg | Söders-Tyresö | 1:00:36 | +14:32 | 9:17 | B |
| 25 | Emil Albinsson | OK Orion | 1:01:39 | +15:35 | 9:26 | B |
| 26 | Vigor Kjellman | OK Hammaren | 1:01:42 | +15:38 | 9:27 | B |
| 27 | Olov Norin | Sundsvalls OK | 1:02:45 | +16:41 | 9:37 | B |
| 28 | Edvin Wollbrand | OK Ravinen | 1:03:25 | +17:21 | 9:43 | B |
| 29 | Erik Lundquist | OK Ravinen | 1:03:46 | +17:42 | 9:46 | C |
| 30 | Erik Månsson | Södertälje-Nykvarn OF | 1:04:51 | +18:47 | 9:56 | C |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------|-------------------|------------|--------|--------|----|
| 31 | Aron Sidenvall | Hudiksvalls OK | 1:05:57 | +19:53 | 10:06 | C |
| 32 | Arvid Eriksson | OK Tyr | 1:06:04 | +20:00 | 10:07 | C |
| 33 | Noel Helmersson | OK Tisaren | 1:07:37 | +21:33 | 10:21 | C |
| 34 | Otto Nilsson | Linköpings OK | 1:10:46 | +24:42 | 10:50 | C |
| 35 | Gustav Jörg | OK Tyr | 1:15:51 | +29:47 | 11:37 | C |
| 36 | Eric Johansson | OK Kåre | 1:18:59 | +32:55 | 12:06 | C |
| 37 | Lucas Wanner | Avesta OK | 1:20:17 | +34:13 | 12:18 | C |
| | Noel Bengtsson | OK Skogshjortarna | ej godkänd | | | C |
| | Emil Larsson | OK Tisaren | ej start | | | C |
| | Anton Kruse | KFUM Örebro OK | ej start | | | C |
| | Elias Westerbergh | Rasbo IK | återbud | | | C |

H18 Kval B 6 575 m, 35 startande

 Sträcktider  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-------------------------|-------------------|---------|--------|--------|----|
| 1 | Edvin Nilsson | Långhundra IF | 44:57 | | 6:50 | A |
| 2 | Tim Lundberg | OK Renen | 44:59 | +0:02 | 6:50 | A |
| 3 | Joel Golsäter | OK Kåre | 45:35 | +0:38 | 6:55 | A |
| 4 | Axel Bratt | OK Orion | 46:32 | +1:35 | 7:04 | A |
| 5 | Adrian Sjödin | IKHP Huskvarna | 47:23 | +2:26 | 7:12 | A |
| 6 | Odin Ek | Nyköpings OK | 47:58 | +3:01 | 7:17 | A |
| 7 | Isak Eskilsson | IKHP Huskvarna | 48:24 | +3:27 | 7:21 | A |
| 8 | Martin Gajda | OK Tisaren | 50:10 | +5:13 | 7:37 | A |
| 9 | Hugo Sjölander | Täby OK | 50:35 | +5:38 | 7:41 | A |
| 10 | Melker Åkesson | OK Landehof | 50:41 | +5:44 | 7:42 | A |
| 11 | Marcus Stenebo | Attunda OK | 51:02 | +6:05 | 7:45 | A |
| 12 | Hugo Persson | OK Denseln | 51:23 | +6:26 | 7:48 | A |
| 13 | Hannes Persson | FK Herkules | 51:34 | +6:37 | 7:50 | A |
| 14 | Elia Kämpe | Örkelljunga FK | 52:03 | +7:06 | 7:54 | A |
| 14 | Theo Lövdahl | SOK Viljan | 52:03 | +7:06 | 7:54 | A |
| 16 | Ludvig Hasler | Surahammars SOK | 52:43 | +7:46 | 8:01 | B |
| 17 | William Rönnborg | IK Uven | 53:48 | +8:51 | 8:10 | B |
| 18 | Filip Broling | Bredaryds SOK | 54:13 | +9:16 | 8:14 | B |
| 19 | Sixten Slagbrand | Västerås SOK | 54:16 | +9:19 | 8:15 | B |
| 20 | Rasmus Lindblom | IFK Enskede | 54:27 | +9:30 | 8:16 | B |
| 21 | Albin Sundström | OK Skogshjortarna | 56:12 | +11:15 | 8:32 | B |
| 22 | Ludvig Eronn | Linköpings OK | 56:23 | +11:26 | 8:34 | B |
| 23 | Hugo Lindskog | OK Ravinen | 57:15 | +12:18 | 8:42 | B |
| 24 | Elis Forsberg Rundström | IFK Enskede | 57:35 | +12:38 | 8:45 | B |
| 25 | Arvid Jonforsen | Surahammars SOK | 58:36 | +13:39 | 8:54 | B |
| 26 | Axel Balck | Täby OK | 58:53 | +13:56 | 8:57 | B |
| 27 | Ian Johansson | Linköpings OK | 59:20 | +14:23 | 9:01 | B |
| 28 | Axel Hejdenberg | Gävle OK | 1:00:30 | +15:33 | 9:12 | B |
| 29 | Love Persson | FK Göingarna | 1:01:05 | +16:08 | 9:17 | B |
| 30 | Axel Andersson | IF Thor | 1:07:48 | +22:51 | 10:18 | C |
| 31 | Simon Claesson | OK Rodhen | 1:09:07 | +24:10 | 10:30 | C |
| 32 | Gustav Andersson | OK Löftan | 1:10:07 | +25:10 | 10:39 | C |
| 33 | Erik Slätt | OK Alehof | 1:11:34 | +26:37 | 10:53 | C |
| 34 | Malte Albinsson | OK Österåker | 1:13:13 | +28:16 | 11:08 | C |
| 35 | Johan Eriksson | Vänerns SK | 1:20:16 | +35:19 | 12:12 | C |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|------------------|--------------|----------|------|--------|----|
| | Linus Nilsson | Täby OK | ej start | | | C |
| | Carl-Henrik Wass | OK Kolmården | ej start | | | C |
| | Noa Helgars | Täby OK | ej start | | | C |
| | Elis Ivers | Attunda OK | ej start | | | C |
| | Wilhelm Tengroth | Nyköpings OK | återbud | | | C |
| | Isak Dalin | OK Kåre | återbud | | | C |

H18 Kval C

6 475 m, 37 startande

 Sträcktider
  LiveloX

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|---------------------------|--------------------------|----------|--------|--------|----|
| 1 | Svante Selin | FK Göingarna | 43:24 | | 6:42 | A |
| 2 | Adam Sjööarv | OK Löftan | 44:52 | +1:28 | 6:55 | A |
| 3 | Oliver Håkansson | OK Orion | 45:21 | +1:57 | 7:00 | A |
| 4 | Gunnar Fovaeus | Sävedalens AIK | 45:35 | +2:11 | 7:02 | A |
| 5 | Olle Karlsson | IKHP Huskvarna | 46:13 | +2:49 | 7:08 | A |
| 6 | Otto Timby | Umeå OK | 46:50 | +3:26 | 7:13 | A |
| 7 | Alfred Kjellén | Helsingborgs SOK | 46:55 | +3:31 | 7:14 | A |
| 8 | Ilya Malygin | IFK Mora OK | 47:31 | +4:07 | 7:20 | A |
| 9 | Hugo Örn | KFUM Örebro OK | 47:44 | +4:20 | 7:22 | A |
| 10 | Vidar Nettelmark | Surahammars SOK | 48:14 | +4:50 | 7:26 | A |
| 11 | Esbjörn Montelius Risberg | OK Kåre | 49:10 | +5:46 | 7:35 | A |
| 12 | Jonatan Anderson | Järfälla OK | 49:22 | +5:58 | 7:37 | A |
| 13 | Hjalmar Olsson | Uddevalla OK | 49:29 | +6:05 | 7:38 | A |
| 14 | Joel Holmberg | Ulricehamns OK | 49:49 | +6:25 | 7:41 | A |
| 15 | Leo Alvolin | OK Kåre | 50:24 | +7:00 | 7:47 | A |
| 16 | Hannes Lindqvist | IFK Enskede | 50:25 | +7:01 | 7:47 | B |
| 17 | Joel Wallner | Attunda OK | 50:33 | +7:09 | 7:48 | B |
| 18 | Fabian Alinder | Sjövalla FK | 50:54 | +7:30 | 7:51 | B |
| 19 | Tobias Johansson | OK Löftan | 51:15 | +7:51 | 7:54 | B |
| 20 | Jesper Åkesson | Järfälla OK | 51:38 | +8:14 | 7:58 | B |
| 21 | Elis Peterson | OK Denseln | 52:17 | +8:53 | 8:04 | B |
| 22 | Love Bylund | IF Thor | 52:41 | +9:17 | 8:08 | B |
| 23 | Nils Swartz | OK Orion | 53:06 | +9:42 | 8:12 | B |
| 24 | Elias Ljungdell | Täby OK | 53:41 | +10:17 | 8:17 | B |
| 25 | Aron Broman | IF Thor | 53:52 | +10:28 | 8:19 | B |
| 26 | Mattias Larsson | Sundsvalls OK | 54:00 | +10:36 | 8:20 | B |
| 27 | Oskar Ericsson | Ronneby OK | 54:25 | +11:01 | 8:24 | B |
| 28 | Ludvig Hedström | OK Skogshjortarna | 54:46 | +11:22 | 8:27 | B |
| 29 | Alexander Dyberg | IFK Lidingö SOK | 55:46 | +12:22 | 8:36 | B |
| 30 | Jon Hansson | OK Kåre | 55:47 | +12:23 | 8:36 | C |
| 31 | Linus Nilsson | OK Tyr | 56:01 | +12:37 | 8:39 | C |
| 32 | Simon Flanckegård | Tjalve Orienteringsklubb | 57:33 | +14:09 | 8:53 | C |
| 33 | Olle Malm | KFUM Örebro OK | 58:19 | +14:55 | 9:00 | C |
| 34 | Emil Kreutner | SOK Viljan | 1:04:35 | +21:11 | 9:58 | C |
| 35 | Edvin Ockborn | Vänerns SK | 1:07:28 | +24:04 | 10:25 | C |
| 36 | Elias Nyqvist | OK Landehof | 1:12:36 | +29:12 | 11:12 | C |
| 37 | Malachy Bruncker | Ärla IF | 1:28:41 | +45:17 | 13:41 | C |
| | Carl Stadig | IK Gandvik | ej start | | | C |
| | Axel Trofast | Tullinge SK | återbud | | | C |
| | Måns Bergqvist | Garphyttans IF | återbud | | | C |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|---------------|---------------|---------|------|--------|----|
| | Teo Struck | OK Ravinen | återbud | | | C |
| | Johan Årbrink | Linköpings OK | återbud | | | C |

Återbud

0 startande

Sträcktider

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-----------------------|--------------------|---------|------|--------|----|
| | Jakob Gunnarsson | Lerums SOK | återbud | | | |
| | Simon Karlsson Holmer | IFK Mora OK | återbud | | | |
| | Galina Ribediuc | Hellas Orientering | återbud | | | |

Ledare

39 startande

Sträcktider

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|-----------------------|--------------------------|-----------|------|--------|----|
| 1 | Malena Ahlström | Västerås SOK | fullföljt | | | |
| 1 | Magnus Alinder | Sjövalla FK | fullföljt | | | |
| 1 | Susanne Barkholt | OK Pan-Kristianstad | fullföljt | | | |
| 1 | Annika Björklund | IFK Mora OK | fullföljt | | | |
| 1 | Peter Braun | Växjö OK | fullföljt | | | |
| 1 | Lars Bygdén | Södertälje-Nykvarn OF | fullföljt | | | |
| 1 | Simon Dahlberg | OK Nolaskogsarna | fullföljt | | | |
| 1 | Kristian Dahlström | IFK Mora OK | fullföljt | | | |
| 1 | Stefan Djurstedt | Eksjö SOK | fullföljt | | | |
| 1 | Ingemar Ericsson | Ronneby OK | fullföljt | | | |
| 1 | Per Forsberg | IFK Enskede | fullföljt | | | |
| 1 | Martin Hasselström | OK Renen | fullföljt | | | |
| 1 | Per Holmberg | Ulricehamns OK | fullföljt | | | |
| 1 | Jesper Håkansson | FK Göingarna | fullföljt | | | |
| 1 | Thomas Ivarsson | OK Hammaren | fullföljt | | | |
| 1 | Per-Johan Josefsson | Skogslöparna | fullföljt | | | |
| 1 | Lena Karlsson Holmer | IFK Mora OK | fullföljt | | | |
| 1 | Johanna Kindlund | OK Tyr | fullföljt | | | |
| 1 | Christopher Lindqvist | IFK Enskede | fullföljt | | | |
| 1 | Peter Lundberg | OK Renen | fullföljt | | | |
| 1 | Andreas Lundholm | Umeå OK | fullföljt | | | |
| 1 | Carl Magnusson | IFK Mora OK | fullföljt | | | |
| 1 | Per-Göran Månsson | Södertälje-Nykvarn OF | fullföljt | | | |
| 1 | Mattias Märts | Stora Tuna OK | fullföljt | | | |
| 1 | Fredrik Nilsson | Långhundra IF | fullföljt | | | |
| 1 | Patrik Nilsson | Linköpings OK | fullföljt | | | |
| 1 | Anna Nordin | Sundsvalls OK | fullföljt | | | |
| 1 | Linda Nordin | Eksjö SOK | fullföljt | | | |
| 1 | Johan Ockborn | Vänersborgs SK | fullföljt | | | |
| 1 | Kerstin Olvegård | FK Göingarna | fullföljt | | | |
| 1 | Frida Persson | FK Herkules | fullföljt | | | |
| 1 | Martin Pettersson | Sävedalens AIK | fullföljt | | | |
| 1 | Anders Runander | Trosabygdens OK | fullföljt | | | |
| 1 | Carina Sandberg | Malungs OK Skogsmårdarna | fullföljt | | | |
| 1 | Camilla Selin | FK Göingarna | fullföljt | | | |
| 1 | Ola Skepp | Sävedalens AIK | fullföljt | | | |
| 1 | Magnus Trofast | Bredaryds SOK | fullföljt | | | |
| 1 | Patrik Wennberg | Skellefteå OK | fullföljt | | | |

| Plac | Namn | Organisation | Tid | Diff | Km-tid | FH |
|------|--------------|-----------------------------|-----------|------|--------|----|
| 1 | Mark Åkesson | Järfälla OK | fullföljt | | | |

Vid felaktigheter i resultatlistan, kontakta i första hand tävlingsarrangören!